

Subject:

FW: Suicide Prevention Month 2021 - Week Two

# Suicide Prevention Month September 2021

## Week Two

Thank you to everyone who attended the Suicide Prevention Month 2021 Launch Event on Wednesday the 1<sup>st</sup>! Suicide Prevention is always important, but the month of September gives us a special opportunity to shine a light on a cause that has for too long been hidden under a cloud of stigma. This week is widely recognized as 'Suicide Prevention Week,' and September 10<sup>th</sup> is 'World Suicide Prevention Day.'

Each week the Suicide Prevention Program at the Georgia Department of Behavioral Health and Developmental Disabilities is pleased to highlight a special event, new release, or program update. This week we are focused on one of our biggest events of the year, **BE KIND TO YOUR MIND: A GIRLS SUMMIT** on **September 11, 2021**, from **10am-3pm** at **The Dottie at Triumph Station** in **Fayetteville, Georgia**.



The Girls Summit, for girls ages 13-17, will include three youth peer speakers who have overcome some form of mental illness, substance abuse, and/or suicidal thoughts and are living their best lives right now! The event will also include an advanced screening of the soon-to-be-released movie *My Ascension*, which is about a teenage girl who survived a suicide attempt. Lastly, the event will close with a mini performance by **Grammy Award winning artist, Alessia Cara**, well-known for her hit single *Scars to Your Beautiful*.

We are also offering the following community trainings this month:

**September 9** Question. Persuade. Refer. Suicide Prevention Gatekeeper Training  
<https://web.cvent.com/event/527b0e0d-289d-4cdf-a32f-b13855393150/summary>

**September 11** Be Kind to Your Mind Girls Summit  
<https://resiliencytoolkit.org/events/>

**September 16** Question. Persuade. Refer. Suicide Prevention Gatekeeper Training  
<https://web.cvent.com/event/527b0e0d-289d-4cdf-a32f-b13855393150/summary>

**September 22** Connect Postvention Training: DBHDD Regions 1 & 5  
<https://airtable.com/shrFLIJWxil4Q2Xlf>

**September 23** Question. Persuade. Refer. Suicide Prevention Gatekeeper Training  
<https://web.cvent.com/event/527b0e0d-289d-4cdf-a32f-b13855393150/summary>

**September 24** Suicide Prevention Awareness and Support Strategies for Criminal Justice and other Community Setting

**September 30** Question. Persuade. Refer. Suicide Prevention Gatekeeper Training  
<https://web.cvent.com/event/527b0e0d-289d-4cdf-a32f-b13855393150/summary>

Please be sure to share the special projects you are involved in for Suicide Prevention Month on social media with the hashtag #GeorgiaPreventsSuicide. Also, we would love to know what Suicide Prevention means to you. Use the template below to share your perspective!





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Georgia Department  
of Behavioral Health &  
Developmental Disabilities